

## The 6 Best Coffee Shops in Nashville

We all know that there are a lot of things to do in Nashville. But it's impossible to spend every waking moment visiting Nashville's top attractions. Sometimes you've just got to take a break, relax, and rest for a bit.

That's the perfect opportunity to check out one of the top coffee shops in Nashville. When it comes to coffee shops, these are the cream of the crop.



### **Sam & Zoe's**

Named after the original proprietor's cats, [Sam and Zoe's](#) is a locally-owned coffee shop with a relaxed, friendly, down-to-earth vibe.

Sam and Zoe's offers all the usual suspects – latte, americano, cappuccino, au lait, etc. They also have various specialty drinks ranging from the minty Grasshopper to the sweet Carma Chameleon.

And Sam and Zoe's isn't just for coffee lovers – they offer a wide range of teas and smoothies, so there's something for everyone. Breakfast and lunch are served all day, so you can pop in for a bite to eat, too.

### **What to Order**

One of the most popular specialty drinks at Sam and Zoe's is the Honeybee. The Honeybee is a latte with honey, vanilla, and cinnamon syrup. If you're looking for something smooth and tasty that makes you feel all warm inside, this is the drink for you!

### **Why It's One of the Best Coffee Shops in Nashville**

As the second oldest coffee shop in Nashville, Sam and Zoe's knows how to do coffee right. They pride themselves on producing high-quality food and drinks and believe in using fresh, locally sourced ingredients whenever possible. That gives you plenty of reason to pay them a visit!

## **Fido**

This funky upscale coffee house is located in a building that was once a pet shop. But you won't find any dogs behind the counter - only experienced baristas who serve up some of the finest coffee in Nashville.

[Fido](#) is located in the trendy Hillsboro Village area near Belmont University, making it a favorite haunt for local university students.

In addition to serving gourmet espresso drinks, they also have a menu full of delicious high-end food options for breakfast, lunch, and dinner.

### **What to Order**

If you're looking for a specialty drink that you can't get anywhere else, go for the Danksgiving. It's made from sweet potato puree blended with sweetened condensed milk, black walnut extract, rosemary simple syrup, espresso, and milk. It's truly a one-of-a-kind drink!

### **Why It's One of the Best Coffee Shops in Nashville**

In addition to being a popular hang-out for your ordinary, everyday university student, Fido also has the approval of a more notable Nashville resident – Taylor Swift. In an interview, when asked where she likes to visit for a great meal, Taylor mentioned Fido by name and sang (not literally) its praises.

## **Barista Parlor**

[Barista Parlor](#) opened its first location in east Nashville in 2011. Once you walk into the expansive building, which was once an auto repair shop, you'll soon realize what inspired the name of this amazing artisan coffee shop; there are hard-working baristas serving customers from an open bar located at the very center of the room.

With the opening of two additional shops in Golden Sound and Germantown, you can easily find a Barista Parlor location that's convenient for you.

### **What to Order**

You really can't go wrong with any of the amazing coffees that Barista Parlor has to offer. If you're interested in trying one of their specialty drinks, the whiskey caramel latte is known to be a favorite.

### **Why It's One of the Best Coffee Shops in Nashville**

Barista Parlor is the perfect place for the coffee connoisseur in you. With their carefully crafted pour-over brews, Chemex drips, and artisanal espressos, Barista Parlor is where people who appreciate good coffee love to visit.

## **Frothy Monkey**

The original [Frothy Monkey](#) location first opened its doors on 12<sup>th</sup> Avenue South in 2004. They soon earned a reputation for serving amazing coffee with delicious original dishes in a cozy and upbeat environment.

Frothy Monkey has since expanded and now operates from a variety of locations around the city. They've even developed their own bakery in east Nashville, which also merits a visit.

### **What to Order**

One of the Frothy Monkey's most well-known specialty drinks is the Monkey Mocha. It contains espresso, steamed milk, chocolate that's made in-house, and Frothy Monkey's own banana syrup. When you visit a place called "Frothy Monkey" it just makes sense to try a signature drink that's named after the coffee shop itself.

### **Why It's One of the Best Coffee Shops in Nashville**

If you're on the lookout for amazing coffee, you can certainly find that here. But Frothy Monkey isn't your average, run-of-the-mill coffee house – it's kind of like a coffee house, restaurant, and bar all got together and somehow made a baby.

The Frothy Monkey has numerous (and delicious!) food offerings throughout the day and into night. They're open late and serve alcohol, so it's an awesome place to visit at any time of day.

### **Eighth and Roast**

If you're looking for a comfy café with gourmet java that's sustainably sourced, then [Eighth and Roast](#) is the place for you! Located at 2108 8<sup>th</sup> Avenue South, it has become a hip hangout for locals of the creative class.

For those who are interested in learning more about coffee and how it's prepared, this is an excellent place to visit. Eighth and Roast roast their own coffee and have an interactive hand pour bar so you can get a behind-the-scenes look at what it takes to make an excellent cup of coffee.

### **What to Order**

If you'd like a good solid brewed coffee, try the Brazil Sweet Bleu, which is a medium roast with notes of brown sugar and praline. The Sol Lei Latte, with honey orange syrup, coconut milk, and espresso, is also a favorite, but it's a seasonal offering so you'll have to check for availability.

### **Why It's One of the Best Coffee Shops in Nashville**

A visit to Eighth and Roast is essential for any coffee lover. You don't just get a great cup of joe, you also get an educational look at the steps involved in coffee preparation. The interactive hand pour bar at Eighth and Roast is the only one of its kind in Nashville so be sure to take advantage of this unique opportunity.

### **Crema**

Located at 15 Hermitage Avenue, not far from the Country Music Hall of Fame, [Crema](#) offers award-winning coffee in a contemporary environment.

Rachel and Ben, the proprietors of Crema, are self-described "coffee fanatics." They took their passion for coffee and turned it into a thriving and highly-respected establishment.

The owners pride themselves on building relationships with coffee bean farmers so they can provide specialty coffee that has been sourced fairly.

### **What to Order**

When you visit Crema, you must try their most popular drink, the Cuban. The menu says it's a mix of sweetened condensed milk, espresso, and steamed milk but there must be some magic involved to make it taste so good!

### **Why It's One of the Best Coffee Shops in Nashville**

When we said that Crema has award-winning coffee, we weren't kidding! Two of Crema's coffees have been awarded top two finishes by the Specialty Coffee Association of America. How many opportunities do you have to try coffee that good? No wonder it's one of the top coffee shops in Nashville!